**Did you know that there are two sides to every story?**

We have a left side point of view and a right side point of view.

We can take a simple situation and view it either way. We can view it from a positive perspective or a negative prospective.

One view can elevate our spirit and the other view can make our spirit regretful.

It is all, in the way we choose to see the situation or circumstance.

If we choose to elevate ourselves, then we look at the matter as just a moment in time that will pass us. If we choose to belittle ourselves, then we look at the matter as debilitating and retain regret, which holds on, if we do not let it pass.

These are our two choices with daily situations that present themselves to us. The answer for peaceful living, in each day, is in how we choose to see each situation or circumstance that passes by our way.

It is up to us to live happy and in peace or rejection and degradation.

**Choose happiness and peace.**